

Workpackage 5  
Preparation, organisation  
and results of  
**Workshop II**



CENTRUM  
DOPRAVNÍHO  
VÝZKUMU

life quality  
of senior citizens



in relation to  
mobility conditions



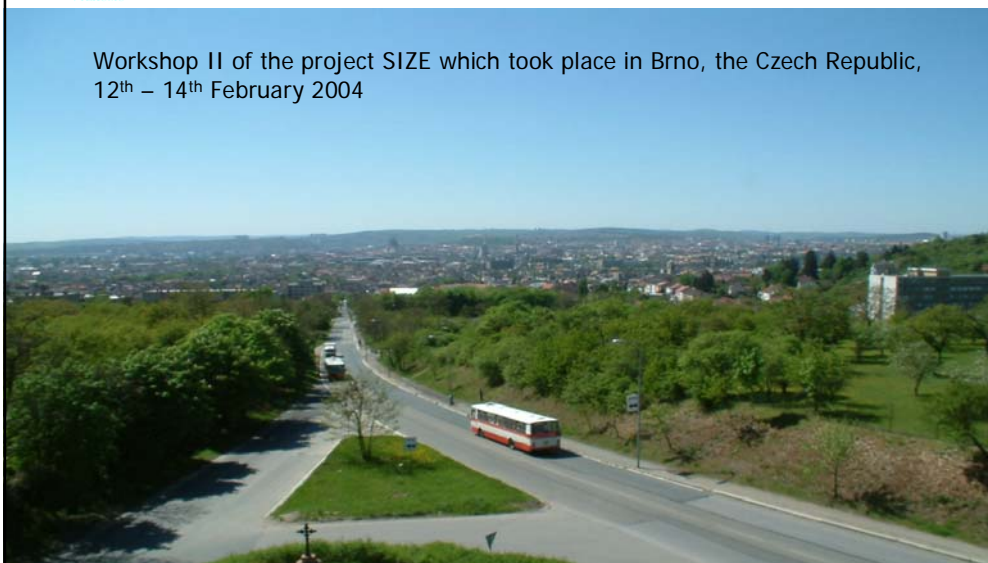
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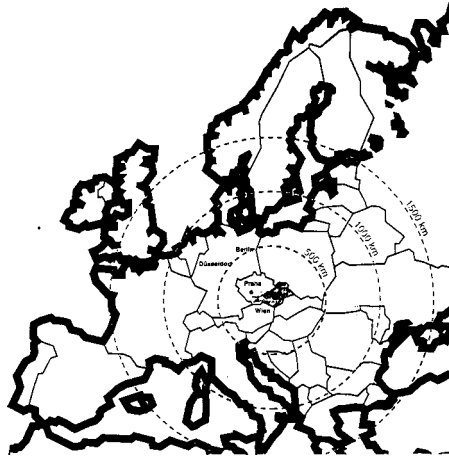
Workshop II of the project SIZE which took place in Brno, the Czech Republic,  
12<sup>th</sup> – 14<sup>th</sup> February 2004



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**Workpackage 5 – Partner:  
Transport Research Centre  
Brno**



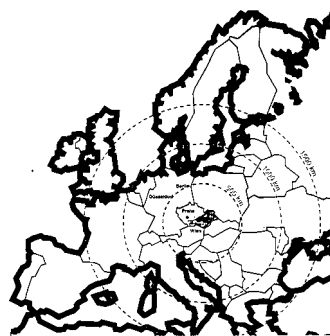
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Workshop II of the project SIZE which took place in Brno, the Czech Republic, 12<sup>th</sup> – 14<sup>th</sup> February 2004



**Heuristic part of - work to overcome  
lack of knowledge and know-how:**

- Different disciplines
- Different countries
- Implementation problems
- Resistance to be met
- Ideological barriers, misunderstandings and prejudices



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the workshop II was the **Forum for the Mid-Term-Assessment**

- Presentations and discussion of results from *WP3 - Qualitative studies senior citizens* & *WP4 - Qualitative studies experts* (internal report D6),
- Presentations and discussion of **overall results, of main problems and of differences between groups of seniors, decision makers and experts**
- Discussion and formulation of main topics for **next work in the Area 3**
- Preparatory work for the instruments for **standardised interviews, discussion of important inputs**
- Preparing a report (D9) about the state of **the art of the project**.

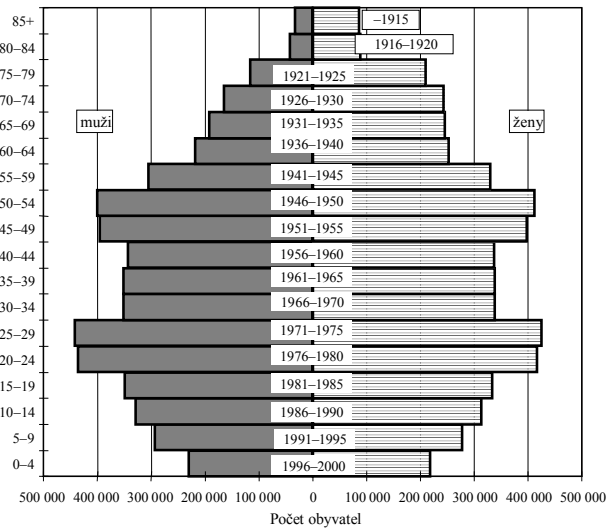
Workshop II of the project SIZE which took place in Brno, the Czech Republic, 12<sup>th</sup> – 14<sup>th</sup> February 2004

Involvement of senior citizens:

Senior citizens' association made **comment on how they see the results of the project** so far,

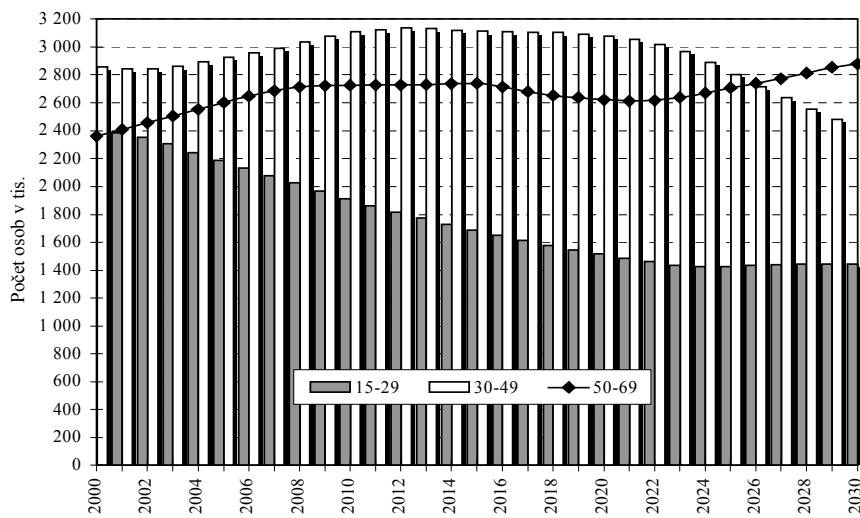
and they were be involved in **developing recommendations for the next working steps** (*surveys with senior citizens and "decision makers and experts" as target groups*)

### Ageing of the Czech society



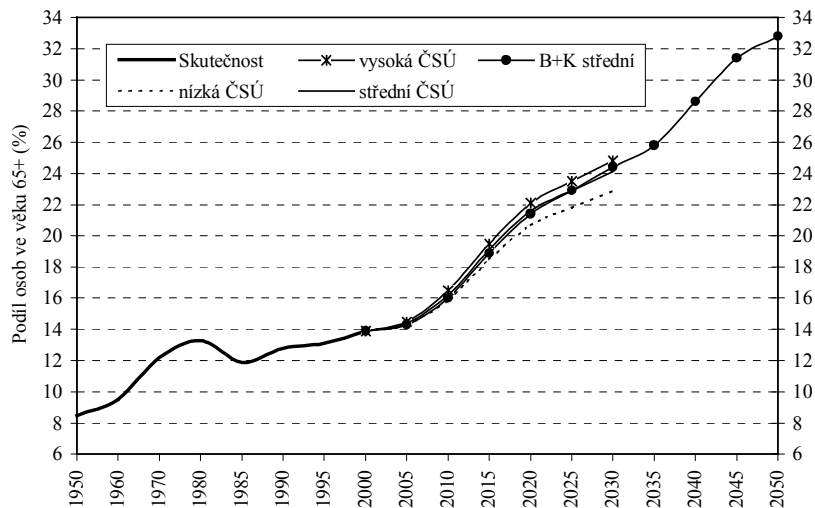
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### Ageing of the Czech society



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## Ageing of the Czech society



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***State of the art (WP2) was presented and discussed***

- • **Contents**
- **Mobility of elderly citizens**
- **Life quality of senior citizens**
- **Their needs and subjective satisfaction**

**How experts and people with executive power view the mobility of senior citizens.**

**Sources:** *European, national and regional policy documents, general literature*

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## Experts x Senior citizens



***Dangerous dynamic environment → special environment for senior citizens***

**Don't want to be isolated; → involved in societal activities; want to be among other people**

***Senior citizens need to be driven/transported***

**They need targets within their surroundings, they do walk**

***The senior population is a minor social group requiring special measures***

**Population ageing → seniors become a major social group; measures should consider this**

***The older generation is taken as homogenous group requiring homogenous solutions***

**Heterogeneous: age, sex, health, activities and interests, family life, road use mode, economy, domi-cile (city - countryside).**

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## Experts x Senior citizens



***Daily supply by external help***

**Want preconditions to be self-sufficient**

***Good public transport to give up car driving. Should give up car driving***

**Driving license is often last thing one has before being totally excluded from society and from life**

***Current generation***

**Future senior citizens are different – educated, technical understanding, wealthier, good health up to higher ages**

***Special transport systems exclusively dedicated to senior citizens, prohibited use by other passengers***

**Costly, deepen separation of senior citizens from others → shared transport and a possibility of use for all passengers**

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***Workpackage 5 - workplan and proceedings***

- preparation of the reports from research actions (qualitative interviews, Deliverables 5 and 6)***
- summarisation and preparation for presentation by the leader of WP (Deliverable 7)***

***Work package 5 – objectives***

***presentation by the WP-leader of:***

- all qualitative data from WP3 and WP4 [All results of the qualitative interviews (Deliverables 5 and 6), analysed and prepared for public presentation]***



- comparable materials for the continuing work in the project - Area 3 Quantitative Studies***

**Workpackage 5 – methodology**

***This report was the main raw material***



***for the standardised survey instruments in WP8 and WP9***

**Workpackage 5 – methodology**

***This report includes***



- ***list of the detected mobility problems for senior citizens***
- ***and a comparison between the view of senior citizens, decision makers and experts and***
- ***differences between countries***



**Workpackage 5 – Organisation and arrangement of the workshop.**

**February 12<sup>th</sup> 2004, Thursday**



**Consortium Session**

**Workpackage 5 – Organisation and arrangement of the workshop.**

**February 13<sup>th</sup> 2004, Friday**

**Consortium Session**



**Mid-term review**

**The expert's mid-term review report focused on:**



- **Overall objectives of the project**
- **Progress to date**
- **Research approach**
- **Contribution of the project partners**
- **Project management**
- **Exploitation and dissemination**
- **Ethical and safety aspects**

**Overall assessment**

**Workpackage 5 – Organisation and arrangement of the workshop.**

**February 14th 2004, Saturday**

**Public Session**



**Presentation of the project SIZE and the first results**

**Workpackage 5 – Organisation and arrangement of the workshop.**

**February 14th 2004, Saturday**

**Presentation of SIZE project and the first results – Ralf Risser**

**Description of SIZE** 

**It is divided into four Areas:**

**AREA 1 "Preparatory activities"**

**AREA 2 "Qualitative studies"**

**AREA 3 "Standardised surveys"**

**AREA 4 "Finalisation and distribution of results"**

**Workpackage 5 – Organisation and arrangement of the workshop.**

**February 14th 2004, Saturday**

**Heuristic work is represented by the SIZE workshops.**

**Group work (two groups)**



**Successful dissemination of information**

*We have lot of material of practical value. What to do so that it reaches relevant persons and groups?*

**Workpackage 5 – Organisation and arrangement of the workshop.**

**February 14th 2004, Saturday**

**Group work (two groups)**



**In-depth discussion on WP7 (two groups)**

**Task 1: Development of method**

**Task 2: Interviewing older people**

**Workpackage 5 - results (summary)**

**Deliverables**

**D7: Summary of results of Area 2**

**The deliverable focused on:**

- Elaboration on the main problems
- Elaboration on the cross-cultural differences between partners/ countries
- Elaboration on differences especially between the opinions of the senior citizens, decision makers and experts

***Workpackage 5 - results (summary)***

***The results were used:***

- ***as material for the preparation of the instruments for the standardised interviews.***
- ***For dissemination in professional magazines, Reports, articles, abstracts published in newspapers and journals***
- ***Presentations at conferences, workshops, seminars***
- ***For rising awareness among target groups - senior citizens, public and regional authorities and transport providers***
- ***For state authorities to create and adjust new transport policy, Presentations to authorities, administrative officers, city representatives***

***Workpackage 5 - Workshop II results (summary)***

***The results were presented in specialised magazines for senior citizens:***

- ***Skok do reality***
- ***Vozíčkář***

***Workpackage 5 - Workshop II results (summary)***

***The results were presented in professional magazines:***

- ***Urbanismus a územní plánování***
- ***DOPRAVA - official newsletter of the ministry of Transport in the Czech Republic***
- ***HORIZONTY DOPRAVY – Slovakia***
- ***EKO – Ekologie a společnost***

***Workpackage 5 - results (summary)***

***The results were broadcasted via Czech national radio:***

***Chief editors-moderators: Dr. Hana Šráčková,***

***Dr. Zuzana Ledererová***

***5 Sessions – special programme of seniors***

***Workpackage 5 - results (summary)***

***The results were implemented into national documents:***

- ***National plan MOBILITY FOR ALL***
- ***Strategic plan Promotion of Cycling***
- ***Mobility management for big cities and its regions***

***Workpackage 5 - results (summary)***

***Last dissemination:***

***Workshop of COST 349 Action:***

***Design of Low Floor Coaches for Intercity Use***

***Workpackage: Infrastructure***

***Venue: Budapest, hotel Danube***

***Date: April 2005***

***Workpackage 5 - results (summary)***

***Next dissemination:***

***Workshop of COST 355 Action:***

***Changing Behaviour towards more environmental friendly modes of Transport – Cycling, Walking, Public Transport versus car***

***Chair:***

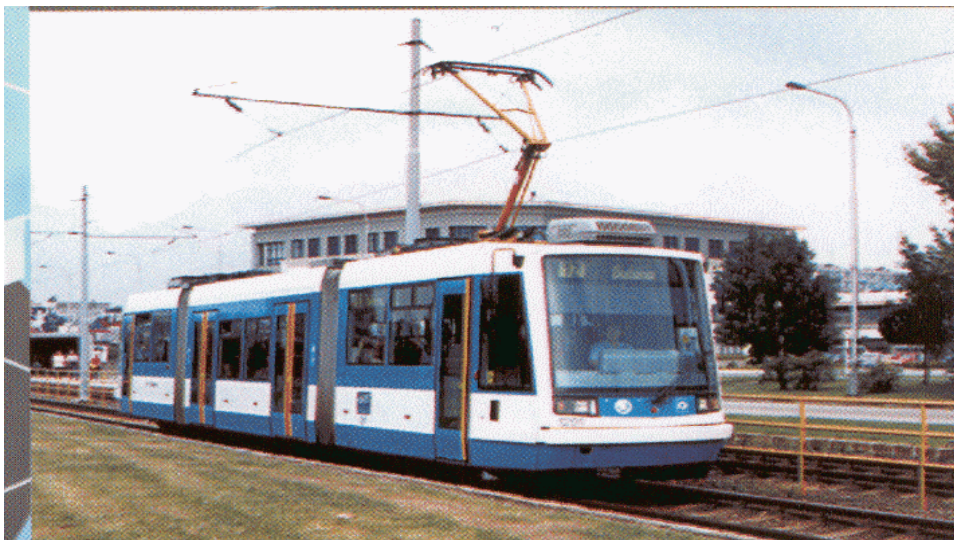
***Dr. Joyce Delgay, University of Central London, leader of WP 2***

***Venue: CDV headquarters, Lišeňská 33a, Brno***

***Date: June 24th 2005***

***Results: Low floor busses and trams for elderly, handicapped and mothers with prams,***

***Readable time tables, time schedules and signs***



**Results:** Public corridors in city centres and in centres of city districts, with excluded through traffic and restricted service traffic



Mapa 1: Organizace dopravy historického jádra města Brna v roce 1997



**LEGENDA:**

- VJEZD POVOLEN BEZ OMEZENÍ
- PĚŠÍ ZÓNA
- DOPRAVNÍ OBLUZE VJEZD POVOLEN 18-20 HODIN, ZÁSTROVÁNÍ VYBRANÝMI POTRAVINAMI POVOLENO 11-13 HODIN
- ZÓNA S DOPRAVNÍM OMEZENÍM
- ČTYŘI SAMOSTATNÉ OBLUZE S RŮZNÝMI PŮVODNÍMI VÝZNAČKY PRO VJEZD DOPRAVNÍ OBLUZE A OSTATNÍCH VOZIDEL V PRŮBĚHU DNE 18HODIN PŮV.Č.
- ZÓNA S DOPRAVNÍM OMEZENÍM
- DOPRAVNÍ OBLUZE VJEZD POVOLEN 0-24 HODIN

Zdroj: Odbor dopravy MmB

**Results:**

- Public corridor in city centres and in centres of city districts, with excluded through traffic and restricted service traffic
- Connection to services and resting places
- Good access to public transport
- Public toilets accessibility solutions

Thank you for your attention

size



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