

Workshop III  
Lund May 18-21, 2005  
Work-package 10 & 11

Partner 6



LUNDS TEKNISKA HÖGSKOLA  
Lunds universitet

life quality  
of senior citizens



in relation to  
mobility conditions



***Day 1; Conference / Dissemination Day***

60 delegates from 11 European Countries

**-Presentations; Consortium Members**

*Results from focus group / in-depth interviews and the quantitative surveys with senior citizens and experts*

**-Comments on the project; senior citizens organisations**

**-Comments on project and achieved results; invited professionals**

**-Presentations; related research**

*ENABLE AGE, MOBILATE, "Alt Macht Neu", "Let`s go for a Walk"*

**-A Policy Perspective on Mobility in Old Age; CEMT**

A Ståhl, M Berntman, O Grönvall  
Brussels, March 23d, 2006

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## ***Day 2; Consortium Day***

- 25 delegates from 8 countries
- Administration issues
- Input and Conclusions from Conference Day
- Presentations and Discussions on forthcoming Work-package 12, Working out solutions

## ***Day 3; Dissemination Day and Closing of Workshop***

### **-Consortium Study Trip**

*To the City of Kristianstad – Swedish legislation on accessible outdoor environment and measures taken within the “Let’s go for a walk” project*

*To the City of Lund – Swedish policy in providing accessible public transport and the concept Service Routes*

### **-Public Session – Senior Citizens Day**

*150 seniors from the south Region of Sweden*

*Presentation of the SIZE – project and findings so far*

*Panel discussion with politicians, experts, seniors and SIZE Consortium members*

**Day 1; Conference / Dissemination Day; Comments**

From invited professionals, *Prof emeritus O Gunnarsson*

**The concepts used in the SIZE project**

- **Mobility.** *Why is accessibility not used? Accessibility is a prerequisite for mobility. Mobility is the outcome of good accessibility.*

- **Problem.** *Problems are expressed on different levels and with different degree of precision. The word problem is subjective in its nature and therefore difficult to define. Awareness of this!*

**Recommendations:**

- *Use the pedestrians needs as the basic reference in all town planning.*

- *Create "Inspection groups" of senior citizens to find and map out barriers and obstacles in the local environments.*

**Conference / Dissemination Day; Comments**

From invited professionals; *Prof S Rosenbloom*

**SIZE project impressed:**

- *Comparative analysis between countries*

- *Mix between qualitative (input) and quantitative studies*

- *Involvement of seniors in the whole process*

**Recommendations:**

- *Focus on children of the senior citizens – they are better fit to see the problems.*

- *The senior citizens are not to suggest measures – the experts are.*

***Conference / Dissemination Day; Discussion***

***Comments from Senior Citizens***

- *"Seniors are generally far too isolated and need friends."*  
This must be taken into consideration in the planning process.

- *"It is important with a more holistic view in the discussion of mobility".*  
Include both in-door (local housing, architectural and design activities) and out-door environmental design issues.

- *"Focus the fear of getting out-doors."*  
Especially in urban areas and when dark.

***Conference / Dissemination Day; Discussion***

***Policy issues: Mrs A Frye***

- *"How to change our Society for an Aging Population?"*  
A management and resource issue more than an economic one.

- *"The importance of the car for a mobile life in old age mainly in rural areas".*  
Solution – restricted car licences?

- *"Alternative transportation".*  
Ordinary public transport is not necessarily the one and only alternative to keep up the mobility

## Conference / Dissemination Day; Comments

### From Audit

*-“Older people are not all alike”.*

*-“Older people live longer and must have the possibility to live independent lives”.*

*-“The important question is whether a city, a village can adapt to an aging population”.*

Suburban areas are very often not designed for an aging population and rural areas are often forgotten in the discussions

*-“Accessible public transport is a vital issue”.*

*-“The distances to the transport systems are the major problem*

Therefore, it is not enough to only introduce low floor buses into existing services, but also provide better adapted services of different kind

## Conference / Dissemination Day

### Conclusions

The Conference Day gave the SIZE-project good input and helped the Consortium in pointing out three main conclusions:

*-“learnt to address the senior citizens as older people and not the elderly”*

*-“showed the importance of researchers to communicate with policy makers”*

*-“although many specialists in the Consortium are present we lacked specialists in economy and communication within the Consortium”*

This might have been a disadvantage and should for sure be included in followers of the SIZE-project.

## ***Conference / Dissemination Day***

**Recommendations; EU representative Mr I Ambrose**

*-“The SIZE-project has presented a wide range of facts”*

**There is no framework for gathering all these facts at hand.**

*-“An observatory in this area need to be formed for exchanging knowledge and good practises, a bench-marking movement to move the agenda forward”.*

## ***Deliverable 15***

### ***Internal paper from WP 11***

***“Proceedings of Workshop III***

***public and internal sessions***

***detailed work-plans for WP 12, 13 and 14”***

***Department of Technology and Society, Lund University, July 2005***

***Grönvall, O., Ståhl, A., & Berntman, M***